

UNIT 8 PROGRESS TEST

Name: _____

Date: _____

Class: _____

Mark: ___ / 75

Reading

Read the text. Then do Exercise 1.

Ever since I was a child I loved the sea. I would anxiously wait for school to break up so that my family and I could go to our summerhouse in Mani, in the Peloponnese. Once there, I would spend hours every day underwater with my snorkel and mask. I enjoyed team sports like football and volleyball, but not as much as many of my classmates. During the winter months my parents signed me up to a pool in a gym. I quickly got bored. I enjoy swimming, too, of course, but that isn't what primarily attracts me to water. It's observing life underwater that fascinates me most. It wasn't long before I convinced my parents to sign me up for scuba diving lessons.

After watching many documentaries about the deep sea on television, I realised that I wanted to do what the deep-sea divers who film sea life were doing. Many people consider scuba diving an extreme sport and, at first, my parents didn't want to sign me up for lessons. They were afraid that scuba diving would be too dangerous and too expensive as well. I researched diving and presented my parents with facts that prove scuba diving is not more dangerous than other sports and that it is also affordable. I found out, for example, that the number of accidents which occur while cycling is seven times that of diving. Of course, like with most sports, it is not danger free and there are many safety rules and procedures one must follow.

I signed up for an open water diving course at a diving school in Anavisos. A certified instructor taught me the basics and all the safety signals and practices a diver needs to understand. I also learned about injuries and common mistakes that divers make. I spent six Saturdays getting certified. It was fun because most of the training was done underwater. At the end I took a written test and I passed! I also met a lot of interesting people at the diving school. Some were beginners like me, while others were more experienced divers who rented out diving equipment like oxygen tanks, flippers and wet suits from the school. It is good to make friends with other divers because, this way, you can easily find someone to go diving with. You are not allowed to go diving by yourself; you must go with at least one buddy.

Today my 'diving buddies' are my dad and mum! After taking me for lessons and hearing me talk about the experiences of diving, they decided that they wanted to get certified too! They have even organised a diving trip to Sharm el Sheikh in Egypt in this summer. It is going to be fantastic. Sharm el Sheikh is a coastal city located on the shores of the Red Sea. The Red Sea is famous for its rich underwater sea life and divers from all over the world travel there for the experience to encounter uncountable varieties of fish, corals and other sea life. I can't wait!

1 Choose the correct answer. [12 points]

1 The narrator finds swimming and team sports...

a ...very exciting.

b ...boring.

c ...enjoyable

2 The narrator...

a ...considers scuba diving an extreme sport.

b ...doesn't consider scuba diving an extreme sport.

c ...considers scuba diving a dangerous sport.

3 The narrator found out that scuba diving...

a ...is not more dangerous than other sports.

b ...is more dangerous than other sports.

c ...is not dangerous at all.

4 At diving school the narrator...

a ...made a lot of mistakes and got injured.

b ...was taught how not to get injured or make mistakes.

c ...none of the above

5 The narrator found training before getting his certificate...

a ...fun.

b ...difficult.

c ...boring.

6 The country the narrator is going to dive in is...

a ...Sharm al Sheikh.

b ...Egypt.

c ...the Red Sea.

Vocabulary

2 Complete with these words. [5 points]

basketball, athletics, boxing, deep-sea diving, tennis

1 He was never into team sports. He preferred running and other _____.

- 2 She took up _____ to learn how to better defend herself.
- 3 There are so many amazing things to see underwater when you go _____.
- 4 She prefers individual sports and decided to begin _____ lessons.
- 5 Even though he is short, he is an amazing _____ player.

3 Complete the sentences using the words in the right form. [6 points]

ring, track and field, court, hoop, goal, net

- 1 It's raining, so I don't think I will meet my friends at the basketball _____.
- 2 I love watching Olympic _____ events. The ten-thousand-metre race is my favourite.
- 3 If my team doesn't score a _____, we will lose the match.
- 4 The ball didn't go over the _____ and I lost the tennis match.
- 5 My friend is very tall. When he plays basketball, he can jump and grab the _____.
- 6 All boxers get a little nervous when they step into the _____.

4 Choose the correct answer. [5 points]

My cousin was always a good athlete and very strong. When he was a teenager, his dad advised him to **1)** ___ boxing. He loves it. While other kids are **2)** ___ at the mall, my cousin goes to the gym and **3)** ___ for hours. Last weekend he had a match against the city champion in his age group. My cousin hadn't **4)** ___ on time and I thought maybe he wasn't going to come. He was just late because of traffic. It was a very exciting match and my cousin won! He **5)** ___ his opponent in the 3rd round!

- 1 a take up b make up c turn up
- 2 a hanging out b knocking out c working out

- 3** a turns up b plays out c works out
4 a turned up b worked up c hanged up
5 a hung out b knocked out c dropped out

5 Choose the correct answer. [5 points]

- 1** At first Jim was nervous about the boxing match. His **competitor** / **opponent** seemed very strong.
- 2** Everyone at the football stadium booed the **referee** / **umpire**.
- 3** All the **viewers** / **spectators** at home really enjoyed watching their national team play.
- 4** Barcelona **beat** / **won** Seville in the cup final.
- 5** Even though I **beat** / **won** the game today, my sister is a better tennis player overall.

Grammar

6 Complete the sentences using the proper conditional form. [6 points]

- 1** If you _____ (eat) properly, you _____ (feel) better.
- 2** If she _____ (not train) better, her time _____ (not be) good.
- 3** If I _____ (practise), I _____ (play) better.
- 4** If she _____ (feel) better, she _____ (walk) to school.
- 5** If she _____ (come) to the party, she _____ (have) a great time.
- 6** If we _____ (have) a basketball court, our friends _____ (visit) us everyday.

7 Tick the sentences that are correct and correct the ones that are wrong. [6 points]

1 If you will see Tim, you can tell him. _____

2 If he studied for the test, he would have a better chance of passing. _____

3 If I was taller, I will be a great basketball player. _____

4 If you don't hurry up, you would be late. _____

5 If you don't try, you will never know. _____

6 If you don't listen, you wouldn't understand. _____

8 Complete the second sentence so that it has a similar meaning to the first sentence. Use the word given. [5 points]

1 If you saw a celebrity on the street, would you ask for an autograph?

IF

What _____ on the street? Would you ask for an autograph?

2 I wouldn't visit Egypt in the summer.

UNLESS

I would _____ summer.

3 If there isn't much traffic, we can make the 8 o'clock movie.

AS

We can make the 8 o'clock movie _____ traffic.

4 I will call everyone about the party unless you don't want me to.

IF

I will call everyone _____ me to.

5 Jonathan will bring the food if you ask him to.

UNLESS

Jonathan won't _____ him to.

9 Choose the correct answer. [5 points]

1 He is acting **as** / **like** he has never seen food before.

2 It seems **as** / **like** if it might rain tonight.

3 She looks **as** / **like** she had a very tiring day.

4 We used the volleyball **as** / **like** a football and played on the pitch.

5 **As** / **Like** most people, I prefer to watch science fiction movies at the cinema.

10 Writing [20 points]

Write an article discussing the advantages an individual sport has over a team sport or why a team sport has more advantages over an individual sport. Write 120–150 words.

Be sure to:

- Write four paragraphs.
- Talk about one topic only in each paragraph.
- Develop your ideas with explanations and/or examples.
- Use linking words/phrases to link your ideas and paragraphs.
- Be consistent in style (e.g. informal or neutral).
- Make it interesting by asking questions, giving your opinion, using a personal angle and/or giving examples.
- Give it a title.